

KENYA FAMILY PLANNING & REPRODUCTIVE HEALTH DATA SHEET 2016

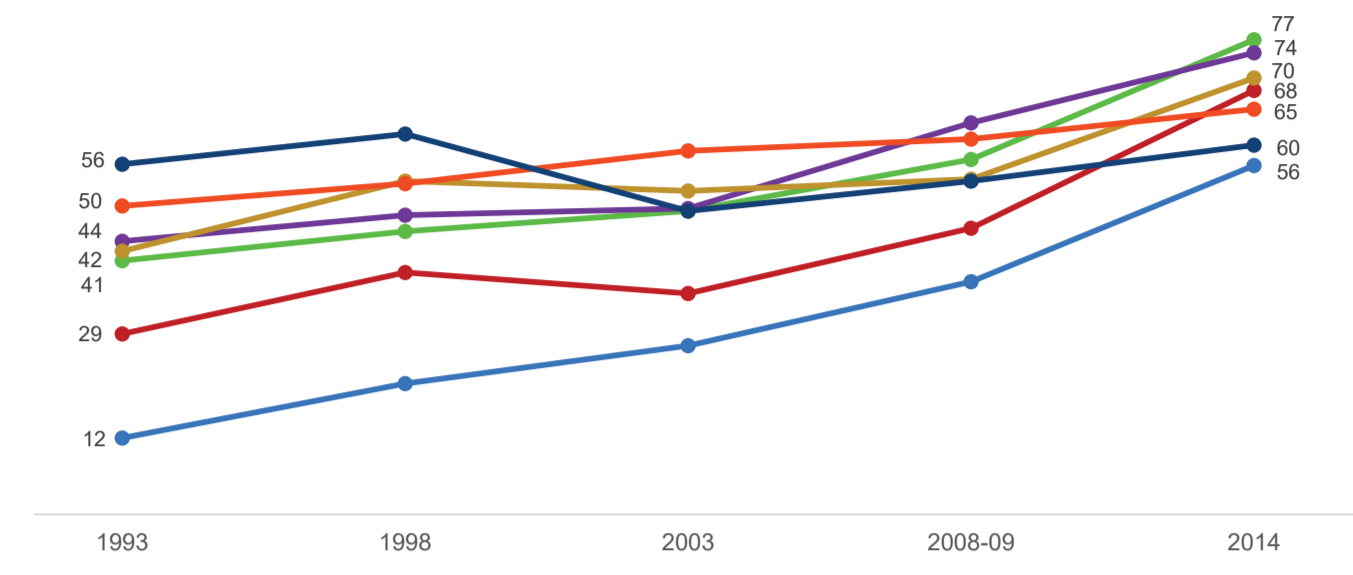


FAMILY PLANNING & REPRODUCTIVE HEALTH IN KENYA

Data Show Uneven Progress in Demand for Contraception Satisfied.

The demand for family planning satisfied with modern methods is a Sustainable Development Goal indicator. Data show that while demand for contraception satisfied has increased overall, married women ages 15 to 19 consistently have the least demand satisfied.

Percent of Demand Satisfied, by Age Group and Year

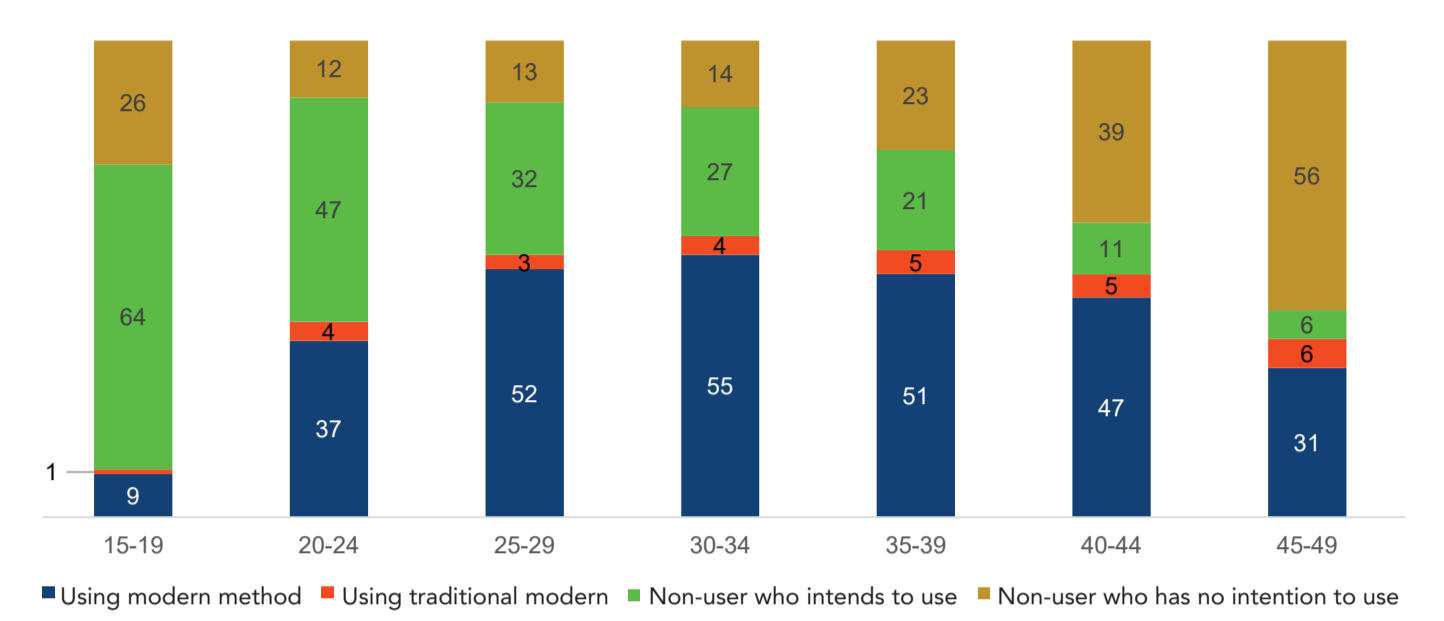


Source: 2014 Kenya Demographic and Health Survey.

Most Women Are Using or Intend to Use Contraception.

Most women use or intend to use a method of contraception, except women ages 45 to 49. Women ages 15 to 19 and 20 to 24 are mostly non-users of contraception, but nearly all non-users in these age groups intend to use contraception in the future.

Percent of Women Using or Intending to Use Contraception, by Age

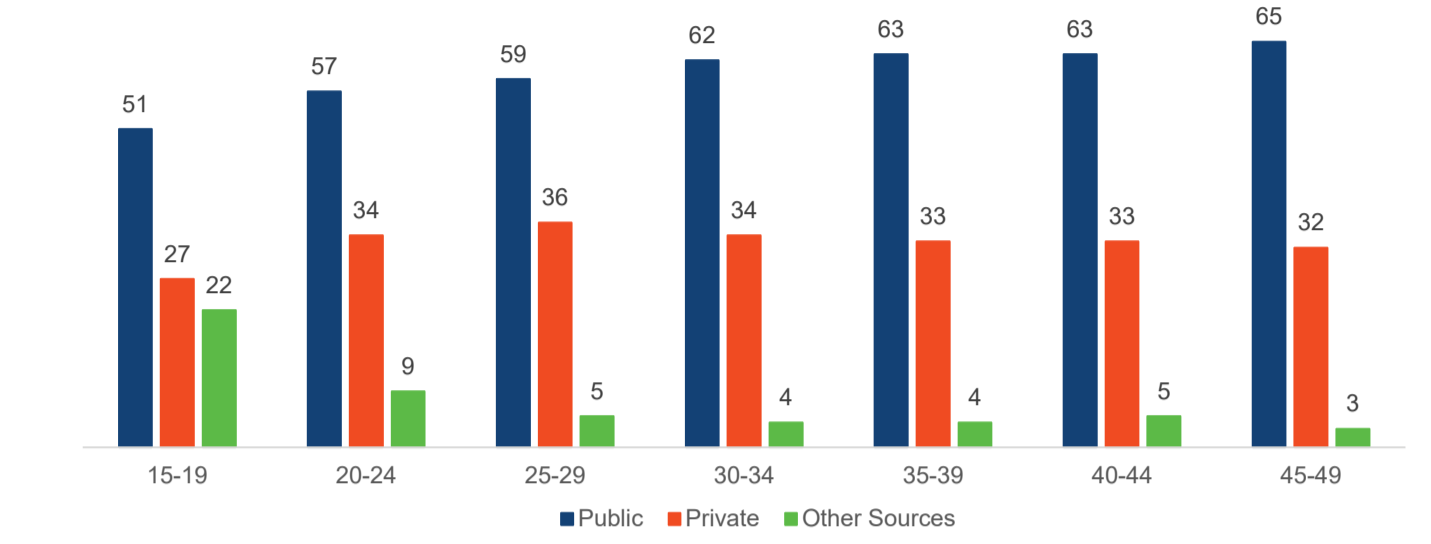


Source: PRB analysis of 2014 Kenya Demographic and Health Survey.

Government Institutions Are a Common Source of Contraception.

At least half of women in all age groups obtained their most recent form of contraception from a public institution, such as a government hospital, health center, or dispensary. The second most common source of contraception was a private source, such as private hospitals/clinics or a pharmacy/chemist. One in five women ages 15 to 19 obtained her most recent source of contraception from another private source such as shops, mobile clinics, or community-based health workers/distributors. This was more than double the percent of women in other age groups.

Percent of Women Using Each Source, by Age



For descriptions of public, private, and other sources of contraception, see definitions.

Source: PRB analysis of 2014 Kenya Demographic and Health Survey.

81%

The rate of contraceptive prevalence in Kirinyaga County, the highest in Kenya. By comparison, Wajir and Mandera Counties have roughly 2% contraceptive prevalence.

6%

The teen pregnancy rate in Muranga County, the lowest rate in Kenya. By comparison, Narok County has a 40% teen pregnancy rate.

70%

The share of non-users of family planning that report hearing family planning messages on the radio in the last few months.

31%

The share of non-users of family planning that heard political, religious, or community leaders speak favorably about family planning.

14%

The percent of women ages 15-49 who have experienced sexual violence.



ACKNOWLEDGMENTS

This publication is made possible by the generous support of the American people through the United States Agency for International Development (USAID) under the terms of the PACE Project (No. AID0AA-A-16-00002). The contents are the responsibility of the Population Reference Bureau and the National Council for Population and Development, and do not necessarily reflect the views of USAID or the United States Government. This publication is available free of charge online: www.prb.org.

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Cover photo credit:
© Jonathan Torgovnik/Getty Images. Young mothers of the Maasai tribe gather for a forum organized by Amref, geared at family planning and other sexual and reproductive health options. During the discussions, the community health worker demonstrates condom usage, and other options for contraceptives. June 11, 2014 in Shompole, Kenya.

NOTES AND DEFINITIONS

SOURCES
The data and figures are compiled from the 2014 Kenya Demographic and Health Survey (DHS) and from StatCompiler (2014 Kenya DHS). The 2014 Kenya DHS also references data from 2009 Kenya Population and Housing Census. Where PRB analysis is listed as a source, data analysis of the 2014 Kenya DHS survey data was done by Kristin Bietsch, research associate, PRB. Data in call-out boxes are from 2014 Kenya Demographic Health Survey and PRB analysis of data.

NOTES
Data in the table and figures may not sum to 100 percent due to rounded numbers and/or omitted data.

¹Indicates 2009 Kenya Population and Housing Census as source.
²Indicates StatCompiler (2014 Kenya Demographic Health Survey) as source.
³Indicates data are omitted or missing from survey and/or StatCompiler.

DEFINITIONS
Birth Intervals
Birth intervals refer to the length of time between births. Studies have shown that children born fewer than 24 months after a previous sibling are at greater risk of having poor health and that such births threaten maternal health.

Demand Satisfied
Demand satisfied refers to the percent of women currently married or in a union who want to avoid or space pregnancy for two years and are using a modern method of family planning.

Lifetime Births per Woman (Total Fertility Rate)
The total fertility rate (TFR) refers to the average number of children a woman would have assuming that current age-specific fertility rates remain constant throughout her childbearing years (usually considered to be ages 15 to 49).

Modern Methods of Contraception
Modern methods include female sterilization, male sterilization, pill, IUCD, injectable, implants, male condom, female condom, and lactational amenorrhea method (LAM).

Skilled Provider
A skilled provider is a doctor or a nurse/midwife.

Sources of Contraception
The 2014 Kenya DHS lists the following as public institutions: government hospital, government health centre, government dispensary, or other public institutions; as private sources: private hospital/clinic, pharmacy/chemist, nursing/maternity, home, faith-based church/mission hospital/clinic, family health options/FHOK, or other private institutions; and as other private sources: mobile clinic, shop, community based distributor, community health worker, friend/relatives, and other sources.

Unmet Need for Family Planning
Women are considered to have an unmet need for family planning if they wish to delay, space, or limit their next pregnancy by two years or more and are not currently using any method of contraception.

	DEMOGRAPHICS ¹		EDUCATION AND LITERACY		PREGNANCY AND FERTILITY				SEXUAL KNOWLEDGE AND PRACTICES				MATERNAL HEALTH																	
	Population	Number of Households	Years of Education Completed		Lifetime Births per Woman	Woman's Age at First Birth	Birth Intervals		Teenage Pregnancy and Motherhood (ages 15-19) ² (percent)	Age at First Sexual Intercourse (ages 20-49) ³		Knowledge of Contraceptive Methods (percent)		Use of Contraceptive Methods (percent)			Antenatal Care (ANC) Provider (percent)		Percent Delivering in a Health Facility (percent)	Assistance During Delivery (percent)										
			Men	Women			Men	Women		Less Than Two Years (percent)	More Than Two Years (percent)	Number of Months	Men	Women	Men	Women	Any Method	Modern Methods		Traditional Methods	Skilled Provider	Community Health Worker	Traditional Birth Attendant	No ANC Provider	Skilled Provider	Community Health Worker	Traditional Birth Attendant	Relative/Friend	No Assistance	
Kenya (National)	38,609,233	8,767,781	7.9	7.6	92	88	3.9	20.3	18	82	36.3	18	17.4	18.0	100	100	58	53	5	96	0	0	4	61	62	0	19	13	5	
Coast	3,325,307	731,199	7.7	7.2	94	80	4.3	20.3	18	82	35.2	21	18.1	18.3	100	99	44	38	6	98	0	0	2	58	58	0	18	19	4	
Mombasa	939,370	268,700	9.7	7.9	99	93	3.2	21.6	12	88	41.6	17	18.0	19.3	100	100	55	44	11	99	0	0	1	82	83	0	14	3	0	
Kwale	649,931	122,047	7.1	6.1	88	73	4.7	19.5	21	78	34.4	24	18.5	16.6	100	100	42	38	3	96	0	0	3	49	50	0	18	22	8	
Kilifi	1,109,735	199,764	7.4	6.4	94	75	5.1	19.9	19	80	33.4	22	17.6	18.4	100	100	34	33	1	98	0	0	2	53	52	0	11	31	5	
Tana River	240,075	47,414	6.8	2.4	81	54	5.8	19.0	20	80	33.4	28	18.6	17.0	100	94	29	21	8	94	0	0	6	32	32	0	63	3	1	
Lamu	101,539	22,184	7.0	6.4	87	84	4.3	20.6	23	76	32.1	10	18.7	18.8	100	100	42	40	3	96	0	0	3	44	47	0	45	5	1	
Taita Taveta	284,657	71,090	7.8	7.7	95	96	3.2	21.0	9	91	43.0	13	17.7	19.0	100	100	68	61	7	98	0	0	2	62	63	0	10	24	3	
North Eastern	2,310,757	312,661	5.7	+	67	24	6.4	20.2	34	66	27.7	12	+	19.0	89	71	3	3	0	67	8	0	0	25	29	32	1	64	2	0
Garissa	623,060	98,590	7.0	2.6	72	26	6.1	20.5	37	63	26.9	10	+	19.1	100	87	6	6	0	87	0	0	0	13	37	40	1	55	4	0
Wajir	661,941	88,574	4.7	+	65	21	7.8	19.6	35	65	27.5	17	+	18.5	98	71	2	2	0	58	20	0	0	22	18	22	0	77	0	0
Mandera	1,025,756	125,497	5.2	+	62	24	5.2	20.8	29	71	31.1	10	+	19.4	60	50	2	2	0	51	1	1	1	47	36	39	0	58	0	0
Eastern	5,668,123	1,284,838	7.5	7.5	92	89	3.4	20.3	12	88	39.8	14	16.2	18.0	100	100	70	64	7	97	0	0	0	3	63	63	0	20	12	4
Marsabit	291,166	56,941	6.3	+	64	36	5.0	19.6	16	84	34.9	17	17.9	17.5	100	94	12	11	1	76	1	0	0	23	26	26	1	64	7	1
Isiolo	143,294	31,326	7.4	5.0	88	58	4.9	20.2	21	79	34.0	19	16.9	18.2	100	98	27	26	1	96	0	0	0	4	42	44	0	46	7	2
Meru	1,356,301	319,616	7.3	7.2	90	86	3.1	20.0	7	93	50.5	20	14.7	17.1	100	100	78	73	5	97	0	0	0	3	82	83	0	1	10	5
Tharaka Nthi	365,330	88,803	7.4	7.4	91	84	3.4	21.2	8	92	50.8	14	16.3	19.4	100	100	74	67	7	98	0	0	0	2	78	77	0	3	15	5
Embu	516,212	131,683	7.5	7.6	92	95	3.1	21.1	16	85	43.9	8	17.9	19.1	100	100	71	67	3	99	0	0	1	82	82	0	0	16	2	
Kitui	1,012,709	205,491	7.0	7.3	85	92	3.9	19.8	7	84	32.9	15	17.0	17.7	100	100	57	55	2	98	0	0	0	3	46	46	0	24	26	4
Machakos	1,098,584	264,500	7.8	7.8	99	95	3.4	20.4	12	88	40.4	14	15.9	18.3	100	100	76	68	8	99	0	0	1	63	63	1	26	7	2	
Makueni	884,527	186,478	7.8	7.7	99	97	3.3	20.4	12	88	37.0	11	17.9	18.1	100	100	80	65	15	98	0	0	2	53	55	0	33	6	5	
Central	4,383,743	1,224,742	9.1	8.8	96	95	2.8	20.9	11	90	53.9	10	18.3	19.1	99	100	73	67	6	97	0	0	0	2	90	90	0	1	6	3
Nyandarua	596,268	143,879	7.9	7.8	97	94	3.5	20.1	11	89	46.2	10	18.4	18.9	100	99	66	60	5	97	0	0	0	3	86	85	0	1	9	4
Nyeri	693,558	201,703	9.3	9.2	96	96	2.7	21.1	9	91	56.6	7	18.9	18.7	100	100	73	67	6	97	0	0	0	3	89	88	1	0	5	5
Kirinyaga	528,054	154,220	7.7	7.7	94	92	2.3	20.4	5	95	65.4	11	17.4	18.9	100	100	81	76	5	96	0	0	0	4	93	92	0	2	5	0
Muranga	942,581	255,696	7.9	7.9	91	94	3.0	20.8	8	92	49.8	6	19.2	19.1	100	100	69	63	6	97	0	0	0	3	85	86	0	1	10	4
Kiambu	1,623,282	469,244	10.5	10.1	98	96	2.7	21.3	14	87	54.7	14	17.9	19.4	99	100	74	68	6	98	0	0	0	2	93	93	0	1	4	2
Rift Valley	10,006,805	2,137,136	7.7	7.5	90	85	4.5	20.1	18	82	34.4	21	16.9	17.7	100	99	53	47												